

Nepal Himalaya Sherpa Foundation

Kathmandu, Nepal

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Free Medical Camp Report 2017

Date: - 02nd November – 12th November 2017

Dear all supporters,

We would like to submit a report of successfully organized Free Medical Camp 2017 Organized by Nepal Himalaya Sherpa Foundation in Nepal with the support of Sowa Rigpa Foundation Boppard in Germany.

The free medical camp took place in two different village of remote mountain area of Nepal. The first place in Dhupi Surke from 6 & 7 November 2017 and second place Ripal village from 9 & 10 November 2017.

Location

The location is north eastern region of Nepal officially known as Ripal village-9 & Dhupi Surke Village-8 Khiji Demba Rural municipality, Okhaldunga District, Lower Everest Region Nepal. These villages are the most remote village of the district where we cannot find any Clinic, Hospital or any primary health post.

The peoples of this village have to walk 4-5 hours to get normal pain relief medicine, and have to walk long distance which may even take 2 days to get the Hospital and if not possible they must go to Kathmandu if critical health problem occurred.

How we got there:

We started our journey from Kathmandu on 02nd November 2017 with jeep Kathmandu to Dhap about 230km (10 hours drive) and stayed overnight in the lodge. And next 3 days by walk/ Trekking through the mountain side /jungle /Rhododendron forest and so on.

During the 3 days walk we carried all our camping gears such as Tent, sleeping mattress, Toilet Tent, Kitchen and Dining Tent, all the Kitchen equipment, and food and so on.

We together had around group 20 person including all the kitchen staff/ Sherpa Guides /Porters and 10 Mules to carry our medicines, and necessary equipment and foods and so on.

The benefits:

During the 4 days Medical camp in 2 villages around 350 local people from different neighboring village got the free health check up and treatment. We got the patients from 10 days old baby to 90 Years old. All the patients got free check up and free medicines. All the people who attained the Medical Camp got the free consultation for healthy life, diet and exercise in a day to day life.

Some of the Pictures of Medical camp 2017



Doctors and nurse are preparing Medicine in Kathmandu



Tibetan Medicine Pills prepared for free Medical camp



Welcome Drink offering by the Local Sherpas to Dr. Group and Team



Welcoming the Medical Team with Sherpa Cultural dance



Ear check up during the Medical Camp



Dressing on wound by our Doctor



Patients waiting for their turn



our nurse checking med. List



Dr. Consulting with patient



Checking B.P.



Medical Team Enjoying Cultural Dance



One of Our Sponsor child performing her talents